



FRIENDS OF TOPSMEAD STATE FOREST  
**JOURNALING AND SKETCHING WORKSHOP**  
 with Artist Judith Bird  
 Saturday, September 21st (rain or shine)  
 1:00 PM to 3:00 PM

Lyn's Meadow by Judith Bird

**Deepen Your Connection  
 to Nature through Art and Words**

Enter the quiet beauty and deep peacefulness of Topsmead State Forest by drawing and writing in a nature journal. Through a short, guided meditation, simple drawing exercises and writing prompts, you will discover some tools to begin a reflective exploration of one of Connecticut's most beautiful and special state forests. Artist and teacher Judith Bird ([www.judithbirdart.com](http://www.judithbirdart.com)) will lead this 2-hour session with an introductory talk followed by time in the fields, walkways, and woodlands of Topsmead. Bring your own sketch book with good quality paper, drawing pencils (HB and a 2B), eraser and sharpener, and, if desired, colored pencils. Some watercolor and sketching tools will also be available to borrow. *No previous art or writing experience necessary!*

**Details:**

Location: Topsmead State Forest, Buell Road, Litchfield, CT. Meet in the carriage shed next to the Chase House. We have limited space for this workshop (20 people), so please register early. Use the form below, and mail to:

FTSF Workshop c/o Gould  
 116 Weingart Road  
 Harwinton, CT 06791

Questions? Send us an email at:  
[friendsoftopsmead@gmail.com](mailto:friendsoftopsmead@gmail.com)

**Registration for FTSF Journaling and Sketching with Nature Workshop. Please fill in this form, detach, and mail with a check to the address above no later than September 12th, 2019. Thank You!**

Name(s) \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone \_\_\_\_\_ Email \_\_\_\_\_  
(used only for confirmation of registration)

Workshop Fee:     FTSF Member \$25     Non-Member \$35    Number of Participants \_\_\_\_\_  
 Total Enclosed \$ \_\_\_\_\_



[www.friendsoftopsmead.org](http://www.friendsoftopsmead.org)